

# HOME SAFETY & AGING IN PLACE CHECKLIST

Home Exterior	Y	N	N/A
Low-maintenance exterior (vinyl, brick)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low-maintenance shrubs and plants	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deck, patio, or balcony surfaces are no more than 1/2 inch below interior floor level if made of wood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall Floor Plan	Y	N	N/A
Main living on a single story, including full bath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
No steps between rooms/areas on the same level	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5-foot by 5-foot clear/turn space in living area, kitchen, a bedroom, and a bathroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Garage or Carport	Y	N	N/A
Covered carports and boarding spaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wider than average carports to accommodate lifts on vans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Door heights may need to be nine feet to accommodate some raised roof vans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Five-foot minimum access aisle between accessible van and car in garage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If code requires floor to be several inches below entrance to house for fume protection, can slope entire floor from front to back to eliminate need for ramp or step	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ramp to doorway if needed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Handrail (if steps)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Windows	Y	N	N/A
Plenty of windows for natural light	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lowered windows or taller windows with lower sill height	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low maintenance exterior and interior finishes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy to operate hardware	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thresholds	Y	N	N/A
Flush to the ground	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exterior maximum of 1/2 inch beveled	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interior maximum of 1/4 inch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Entry	Y	N	N/A
Accessible path of travel to the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At least one no-step entry with a cover	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sensor light at exterior no-step entry focusing on the front-door lock	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32 inches of clear width (which requires a 36-inch door)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Non-slip flooring in foyer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Entry door sidelight or high/low peep hole viewer; sidelight should provide both privacy and safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Doorbell in accessible location	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Surface to place packages on when opening door	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ramps	Y	N	N/A
Slope no greater than one inch rise for each 12 inches in length, adequate handrails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Five-foot landing provided at entrance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Two-inch curbs for safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hallways	Y	N	N/A
Minimum of 36 inches wide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well lit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stairways, Lifts, and Elevators	Y	N	N/A
Adequate hand rails on both sides of stairway, 1 1/4-inch diameter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increased visibility of stairs through contrast strip on top and bottom stairs, color contrast between treads and risers on stairs and use of lighting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multi-story homes may provide either pre-framed shaft (ie. stacked closets) for future elevator, or stairway width must be minimum of 4 feet to allow space for lift	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Residential elevator or lift	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interior Doors	Y	N	N/A
32 inches of clear width (which requires a 36-inch door)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Levered door hardware	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Kitchen and Laundry Counters	Y	N	N/A
Wall support and provision for adjustable and/or varied height counters and removable base cabinets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Upper wall cabinetry three inches lower than conventional height	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Accented stripes on edge of countertops to provide visual orientation to the workspace	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counter space for dish landing adjacent to or opposite all appliances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Base cabinet with roll out trays and lazy susans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pull-down shelving	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Glass-front cabinet doors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open shelving for easy access to frequently used items	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Appliances	Y	N	N/A
Easy to read controls	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Washing machine and dryer raised 12 to 15 inches above floor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Front loading laundry machines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Microwave oven at counter height or in wall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Side-by-side refrigerator/freezer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Side-swing or wall oven	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Raised dishwasher with pushbutton controls	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Electric cook top with level burners for safety in transferring between the burners, front controls and downdraft feature to pull heat away from user; light to indicate when surface is hot	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Miscellaneous	Y	N	N/A
30-inch by 48-inch clear space at appliances or 60-inch diameter clear space for turns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multi-level work areas to accommodate cooks of different heights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open under-counter seated work areas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Placement of task lighting in appropriate work areas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Miscellaneous (Continued)	Y	N	N/A
Loop handles for easy grip and pull	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pull-out spray faucet; levered handles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In multi-story homes, laundry chute or laundry facilities in master bedroom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faucets	Y	N	N/A
Lever handles or pedal-controlled	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thermostatic or anti-scald controls	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pressure balanced faucets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bathroom	Y	N	N/A
Wall support and provision for adjustable and/or varied height counters & removable base cabinets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Contrasting color edge border at countertops	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At least one wheelchair maneuverable bath on main level with 60-inch turning radius or acceptable T-turn space and 36-inch by 36-inch or 30-inch by 48-inch clear space	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bracing in walls around tub, shower, shower seat, and toilet for installation of grab bars to support 250–300 pounds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If stand-up shower is used in main bath, it is curbless and minimum of 36 inches wide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bathtub – lower for easier access	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fold down seat in the shower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adjustable/ handheld showerheads, 6-foot hose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tub/Shower controls offset from center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shower stall with built-in antibacterial protection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Light in shower stall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Toilet 2 1/2 inches higher than standard toilet (17 to 19 inches) or height-adjustable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Design of the toilet paper holder allows rolls to be changed with one hand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wall-hung sink with knee space and panel to protect user from pipes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Slip-resistant flooring in bathroom and shower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Storage	Y	N	N/A
Adjustable closet rods and shelves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lighting in closets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy open doors that do not obstruct access	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Flooring	Y	N	N/A
Smooth, non-glare, slip-resistant surfaces, interior and exterior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If carpeted, use low (less than 1/2 inch high pile) density, with firm pad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Color/texture contrast to indicate change in surface levels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Electrical, Lighting, Safety, and Security	Y	N	N/A
Light switches by each entrance to halls and rooms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Light receptacles with at least two bulbs in vital places (exits, bathroom)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Light switches, thermostats, and other environmental controls placed in accessible locations no higher than 48 inches from floor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Electrical outlets 15 inches on center from floor; may need to be closer than 12 feet apart	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clear access space of 30 inches by 48 inches in front of switches and controls	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rocker or touch light switches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Audible and visual strobe light system to indicate when the doorbell, telephone, smoke or CO2 detectors have been activated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High-tech security/intercom system that can be monitored, with the heating, air conditioning, and lighting, from any TV in the house	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy-to-see and read thermostats	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pre-programmed thermostats	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Flashing porch light or 911 switch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Direct wired to police, fire, and EMS (as option)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home wired for security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home wired for computers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Heating, Ventilation, and Air Conditioning	Y	N	N/A
HVAC should be designed so filters are easily accessible	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Energy-efficient units	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Windows that can be opened for cross ventilation, fresh air	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Energy-Efficient Features	Y	N	N/A
In-line framing with two by six studs spaced 24-inch on center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Air-barrier installation and sealing of duct work with mastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reduced-size air conditioning units with gas furnaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mechanical fresh air ventilation, installation of air returns in all bedrooms and use of carbon monoxide detectors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Installation of energy efficient windows with Low-E glass	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Reduced Maintenance/Convenience Features	Y	N	N/A
Easy to clean surfaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Central vacuum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Built-in pet feeding system	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Built-in recycling system	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Video phones	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intercom system	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Sunlight Support offers a full continuum of care to allow seniors to age in place. With offices in Denver, CO and Lincoln, NE we offer in home care and senior care, senior companionship, home modification, senior move services, legal support, and senior nutrition packages.*

**Contact Sunlight Support today!**  
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